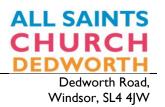
### W E E K L Y U P D A T E

18<sup>th</sup> February 2020

t. 01753 841710

www.allsaintschurchdedworth.com



Dear Friends,

The first few weeks of 2022 have seen amazing signs of growth, both spiritually and in number as we've launched our new Life Groups and welcomed new faces. Thank's so much for all you've done to pray for and actively support all the Lord's doing, as we've joined in and made Jesus known!

This week we will be sharing Holy Communion at our 9:15 gathering and being Half Term our I I am worship will be all age. On Sunday 27th we'll share communion at the 9:15 and at I I am our kids groups will be running again. Coffee, tea, cake and biscuits will be served after all our gatherings.

Come along to the **Dedworth Community Day at All Saints' Church next Thursday 24th February between I I am and 3pm!** There'll be entertainment for all ages, face painting, free food and refreshments, as well as the opportunity to chat with one of the many groups within the community. (See the flyer at the bottom of this email for more information).



Our **Bible Course Life Groups are having a rest week over half term** and will resume on the week beginning 27th.

The Bible Course Explore the BIG story

#### Future dates for the diary:

#### Sunday 27th February

18:30-20:00: **Flames and Fire Pit** will be meeting as separate life groups again (Flames Years 5-8, Fire Pit years 9-13)

#### Monday 28th February:

10:00: GAP at All Saints'

11:00: The All Saints' Café will officially reopen - come and join us!

# CAFÉ

#### Tuesday 1st March

19:30: Online Life Group, JOIN HERE Meeting ID: 849 6179 3192 Passcode: 416811

#### Wednesday 2nd March

10:30: Onsite Life Group at All Saints'

12:15: Ash Wednesday gathering - a short, said time of worship with ashing.

19:30: Onsite Life Group at All Saints'

19:30: Online Life Group, JOIN HERE Meeting ID: 843 5239 1092 Passcode:141156

#### Thursday 3rd March

10:30: Onsite Life Group at All Saints'

#### Thursday 17th March

19:30-21:30: Parent Workshop on the theme of selfharm provided by Emerge Advocacy (see flyer below.)



Every blessing,

Paul





ALL SAINTS CHURCH DEDWORTH allsaintschurchdedworth.com Partnering with Emerge Advocacy to run training for parents/guardians of young people.



## Young People's Mental Health & Crisis: Insight and Interventions for Parents

Emerge Advocacy is a youth work charity whose teams works with young people attending A&E because of self-harm, emotional crisis and suicidal thoughts. Having spoken with many families with young people in A&E, we have designed this training to give parents insight into these issues, equipping them to help their young people cope better, in order to avoid problems reaching crisis point.

#### Session Content:

The Umbrella Model: How harmful coping strategies evolve, why 'just stopping' doesn't work, and finding creative, healthier ways of coping.

**Helpful Adults**: What parents can do to maintain trust and openness with their young people.

Sources of Support: Understand the role of NHS mental health services and learn about additional options for support.

The Self-Harm Continuum: Understanding the underlying motivations and roles of self-harming behaviours.

Drama vs Empowerment: How to avoid unhealthy relationship dynamics and shift towards a united approach.

Your next steps: A chance to reflect on what you're taking away from the course.



17<sup>th</sup> 7:30 -March 9:30pm

> All Saints Church Dedworth Rd Windsor SL4 4JW

BOOKINGS OPEN ON 3rd March 2022 Visit: allsaintschurchdedworth.com/ parents-course

#### WWW.EMERGEADVOCACY.COM